



**Sunstar**

SWISS HOTEL COLLECTION

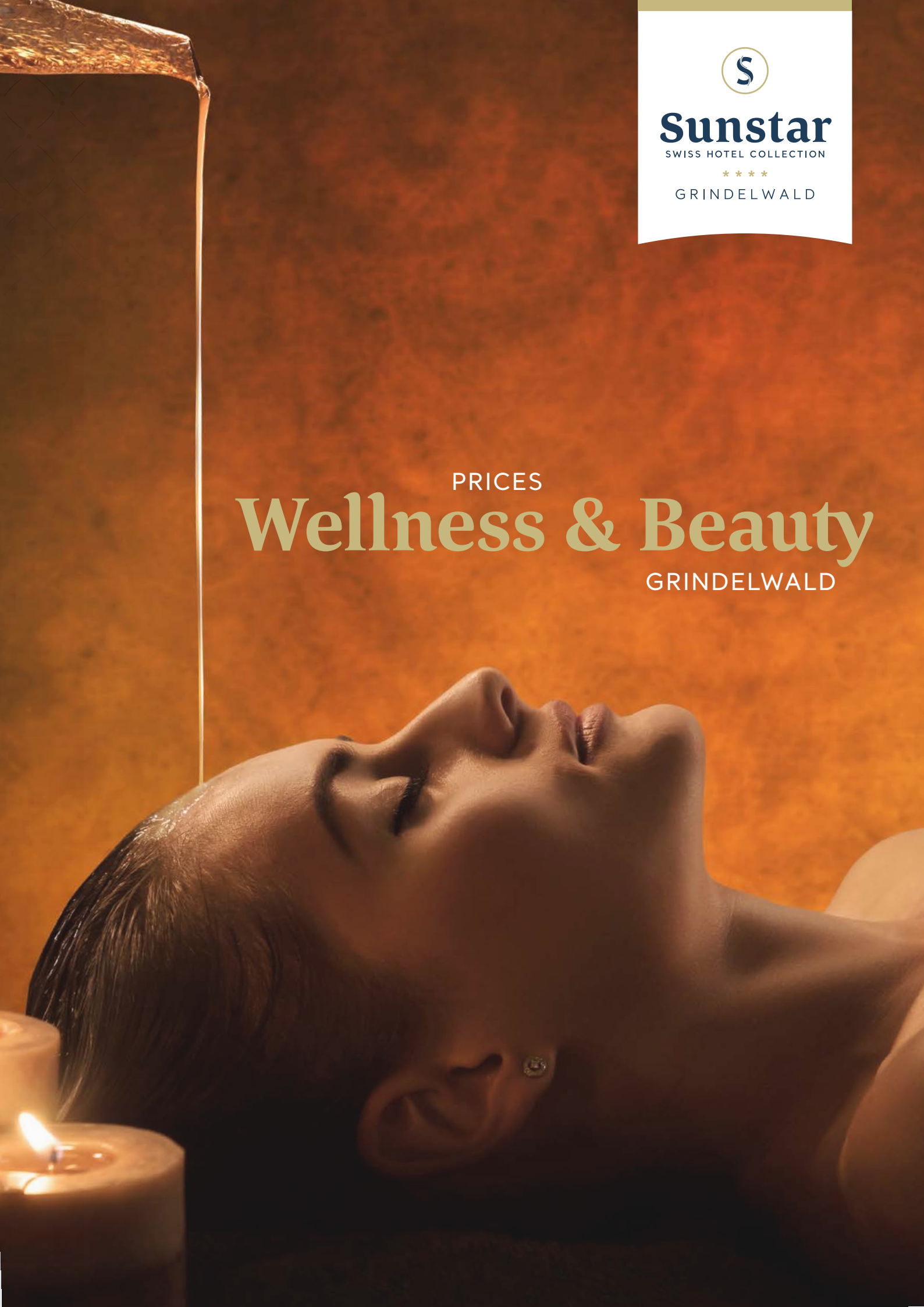


GRINDELWALD

PRICES

# Wellness & Beauty

GRINDELWALD



# Beauty & relaxation

## Massages

### Classical massage and sports massage

|              |         |              |
|--------------|---------|--------------|
| Partial-body | 25 min. | <b>52.-</b>  |
| Whole-body   | 50 min. | <b>94.-</b>  |
| Whole-body   | 75 min. | <b>130.-</b> |

### Foot reflex zone massage

|   |         |             |
|---|---------|-------------|
| Stimulation of pressure points; to balance energy flow and support the self-healing process | 25 min. | <b>52.-</b> |
|   | 50 min. | <b>94.-</b> |

### Facial massage

|   |         |             |
|---|---------|-------------|
| Massage of head, neck and décolleté to relaxation and relief from everyday stress | 25 min. | <b>52.-</b> |
|---|---------|-------------|

### Aroma oil massage

|  |         |              |
|--|---------|--------------|
| Essential oils revitalise or calm the skin and take you into a world of relaxation | 25 min. | <b>60.-</b>  |
|  | 50 min. | <b>100.-</b> |

## Body treatments

### Brush massages/peeling

|                    |         |             |
|--------------------|---------|-------------|
| Body peeling       | 15 min. | <b>25.-</b> |
| • with skin care   | 25 min. | <b>49.-</b> |
| Soap brush massage | 15 min. | <b>30.-</b> |
| • with skin care   | 25 min. | <b>49.-</b> |

### Softpack

Deep relaxation in the floating water bed

#### Cleopatra pack

|                                    |         |             |
|------------------------------------|---------|-------------|
| Skin conditioning and moisturising | 25 min. | <b>60.-</b> |
| • with peeling                     | 40 min. | <b>80.-</b> |

#### Evening primrose oil pack

|  |         |             |
|--|---------|-------------|
| For cell stimulation and deep moisturising | 25 min. | <b>60.-</b> |
| • with peeling                             | 40 min. | <b>80.-</b> |

#### Seaweed detox pack

|                              |         |             |
|------------------------------|---------|-------------|
| Removes blockages and toxins | 25 min. | <b>60.-</b> |
| • with peeling and skin care | 50 min. | <b>95.-</b> |

#### Chardonnay wine marc pack

|  |         |             |
|--|---------|-------------|
| For peeling and stimulation of the circulation | 25 min. | <b>60.-</b> |
| • with skin care                               | 40 min. | <b>80.-</b> |

### Massage bath with 172 jets (Hydroxeur)

Relaxes muscles, improves circulation, conditions the skin; various bath products such as Alpine herb, rosemary, mint,...

|                  |         |             |
|------------------|---------|-------------|
| Massage bath pur | 25 min. | <b>38.-</b> |
| • with skin care | 40 min. | <b>58.-</b> |

|                           |         |             |
|---------------------------|---------|-------------|
| Massage bath with peeling | 40 min. | <b>58.-</b> |
| • with skin care          | 55 min. | <b>73.-</b> |

|                                      |         |             |
|--------------------------------------|---------|-------------|
| Massage bath with soap brush massage | 40 min. | <b>58.-</b> |
| • with skin care                     | 55 min. | <b>73.-</b> |

## Anti-Aging Body

|   |         |              |
|---|---------|--------------|
| Stop Cellulite Wrap, Leg peeling and anti cellulite massage | 60 min. | <b>115.-</b> |
|---|---------|--------------|

## Facial treatment

|                       |         |             |
|-----------------------|---------|-------------|
| <b>Treatment MINI</b> | 45 min. | <b>95.-</b> |
|-----------------------|---------|-------------|

Cleansing, pressure point massage, face mask

|                       |         |              |
|-----------------------|---------|--------------|
| <b>Treatment MIDI</b> | 60 min. | <b>120.-</b> |
|-----------------------|---------|--------------|

Cleansing, massage or deep pore cleansing, eyebrow correction, face mask

|                       |         |              |
|-----------------------|---------|--------------|
| <b>Treatment MAXI</b> | 80 min. | <b>150.-</b> |
|-----------------------|---------|--------------|

Cleansing, deep pore cleansing, massage, eyebrow correction, face mask

|                        |         |              |
|------------------------|---------|--------------|
| <b>Timeout for men</b> | 60 min. | <b>120.-</b> |
|------------------------|---------|--------------|

Cleansing, massage, mask

## Beauty

|                             |         |             |
|-----------------------------|---------|-------------|
| Daytime make-up             | 25 min. | <b>35.-</b> |
| Evening make-up             | 30 min. | <b>45.-</b> |
| Eyelash colouring           | 20 min. | <b>35.-</b> |
| Eyebrow colouring           | 10 min. | <b>25.-</b> |
| Eyelash & eyebrow colouring | 30 min. | <b>55.-</b> |
| Eyebrow shaping             | 15 min. | <b>25.-</b> |

## Hands and Feet

|                                      |         |             |
|--------------------------------------|---------|-------------|
| Manicure without nail polish         | 45 min. | <b>58.-</b> |
| Manicure with nail polish            | 60 min. | <b>68.-</b> |
| Men's manicure                       | 30 min. | <b>37.-</b> |
| Pedicure without nail polish         | 45 min. | <b>68.-</b> |
| Pedicure with nail polish            | 60 min. | <b>84.-</b> |
| Nail polish                          | 10 min. | <b>21.-</b> |
| Foot treatment (peeling, massage)    | 25 min. | <b>49.-</b> |
| Hand treatment (peeling, massage)    | 25 min. | <b>49.-</b> |
| Medical pedicure without nail polish | 55 min. | <b>90.-</b> |

## Depilation with warm wax

|                        |         |             |
|------------------------|---------|-------------|
| Whole legs             | 45 min. | <b>75.-</b> |
| Half legs              | 30 min. | <b>55.-</b> |
| Armpits or bikini area | 25 min. | <b>35.-</b> |
| Back                   | 35 min. | <b>45.-</b> |
| Chest                  | 30 min. | <b>50.-</b> |
| Upper lip              | 10 min. | <b>20.-</b> |
| Chin                   | 10 min. | <b>20.-</b> |
| Upper lip and chin     | 15 min. | <b>35.-</b> |

# Special treatments

## Massages & Treatments

### Lomi Lomi

Combination of bodywork and massage from Hawaii 90 min. **175.-**

### Hot Stone

Whole-body massage with hot basalt stones. It relaxes the muscles and restores balance to the soul. 70 min. **145.-**

### Herbal ball massage

The body is oiled with warm plant oil and massaged with scented herbal balls. This has a both physical and mental cleansing effect. A true journey for the senses. 60 min. **140.-**

### Breuss-Massage

This treatment stretches the spine to give the intervertebral discs more space and stimulates them to heal themselves. It has a deep effect, releasing tension and reducing pain. This massage is slow, gentle and applied with only a little pressure. 40 min. **85.-**

### Dorn-Breuss therapy

After the preparatory Breuss massage, misalignments of the spine are detected using the Dorn method. Pressure is then applied with the thumbs and the guest is moved in order to correct the alignment. The length of the legs is checked and corrected. 75 min. **150.-**

## Dry cupping

An ancient traditional cleansing therapy. Improves localised blood circulation and stimulates the metabolism. Removes toxins from tissue and releases persistent tension and - associated pain. Uses reflex zones to revitalise inner organs and release blockages in connective tissue. 50 min. **100.-**

## Cosmetics & Beauty

### HSR Lifting facial treatment

Beauty with class. Gives your skin deep smoothness and elasticity. The results are moisture, regeneration and protection against skin aging. 80 min. **160.-**

### Dr. Babor facials

Intensive face-lifting treatment with fruit acid facial peel and soothing massage, for instant visible effects. Your skin looks smoother and younger. High-performance formulae using specially selected ingredients. 90 min. **180.-**

## Our wellness products

We use natural products from Babor, winner of the award "Best Facial Treatment" and Haslauer-Kurland, winner of the award "Best technical product innovation" and "Best Signature Treatment", both prize-winners at the European Health Spa Awards in Zell/See.



# Your spa packages

## All spa packages inclusive

- 1 welcome drink
- Introduction
- Surprise to take away

### One-day package “Beauty day”

#### 1 day spa

- 1 Cleopatra pack with peeling (40 min.)
- 1 facial treatment MIDI (60 min.)
- 1 manicure with nail polish or only cosmetic pedicure (60 min.)

### One-day package “Herb day”

#### 1 day spa

- 1 body peeling (15 min.)
- 1 herbal compress massage (60 min.)

### One-day package “Well-being day”

#### 1 day spa

- 1 aroma massage bath (25 min.)
- 1 back and neck massage (25 min.)
- 1 foot reflex zone massage (25 min.)

### One-day package “Day spa”

#### 1 day spa

- 1 aroma massage bath (25 min.)
- 1 partial-body massage (25 min.)
- 1 spa lunch incl. drink

### Short package “Balance”

#### 2 days spa

- 1 whole-body massage (50 min.)
- 1 aroma massage bath with skin care (40 min.)
- 1 soap brush massage or a soft peeling (15 min.)

### Short package

#### “Goodbye to every day stress”

#### 2 days spa

- 1 Cleopatra pack (25 min.)
- 1 pedicure without nail polish (45 min.)
- 1 facial massage (25 min.)

### Package “Beauty & harmony”

#### 229.- 3 days spa

- 1 facial treatment MAXI (80 min.)
- 1 manicure without nail polish (45 min.)
- 1 body peeling with skin care (25 min.)
- 1 partial-body massage (25 min.)

### Package “Moments for me”

#### 139.- 3 days spa

- 1 body peeling or a soap brush massage (15 min.)
- 1 evening primrose oil pack (25 min.)
- 1 whole-body massage (50 min.)
- 1 facial massage (25 min.)

130.-

### Week package “In paradise”

#### 6 days spa

- 1 facial treatment MIDI (60 min.)
- 1 daytime make-up (25 min.)
- 1 pedicure without nail polish (45 min.)
- 1 manicure without nail polish (45 min.)
- 1 aroma massage bath with peeling and skin care (55 min.)
- 1 partial-body massage (25 min.)
- 1 whole-body massage (50 min.)
- 1 seaweed detox pack (25 min.)

125.-

163.-

### Week package “Body & soul”

#### 6 days spa

- 1 aroma massage bath with skin care (40 min.)
- 1 body peeling or a soap brush massage (15 min.)
- 1 Cleopatra pack (25 min.)
- 1 Hot stone massage (70 min.)
- 1 facial massage (25 min.)
- 1 whole-body massage (50 min.)
- 1 pedicure without nail polish (45 min.)

159.-

265.-

209.-

480.-

455.-

All prices in CHF per person incl. taxes and charges, without overnight stay. Offers subject to availability and change. Where payment is in Euro, the daily exchange rate applies. Admission to the Fitness Centre and the sauna from 16 years. Advance booking recommended.