



**Sunstar**

SWISS HOTEL COLLECTION



GRINDELWALD

PRICES

**Wellness & Beauty**

GRINDELWALD

# Beauty & relaxation

## Massagen

### Classical massage

Partial-body	25 min.	<b>52.-</b>
Whole-body	50 min.	<b>94.-</b>
Whole-body	75 min.	<b>130.-</b>

### Sports massage

*Deep massage to stimulate the circulation and activate your muscles*

Partial-body	25 min.	<b>60.-</b>
Whole-body	50 min.	<b>100.-</b>

### Foot reflex zone massage

<i>Stimulation of pressure points; to balance energy flow and support the self-healing process</i>	25 min.	<b>52.-</b>
	50 min.	<b>94.-</b>

### Facial massage

<i>Massage of head, neck and décolleté to relaxation and relief from everyday stress</i>	25 min.	<b>52.-</b>
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### Aroma oil massage

<i>Essential oils revitalise or calm the skin and take you into a world of relaxation</i>	25 min.	<b>60.-</b>
	50 min.	<b>100.-</b>

## Facial treatment

### Treatment MINI

<i>Cleansing, pressure point massage, face mask</i>	45 min.	<b>95.-</b>
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### Treatment MIDI

<i>Cleansing, massage or deep pore cleansing, eyebrow correction, face mask</i>	60 min.	<b>120.-</b>
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### Treatment MAXI

<i>Cleansing, deep pore cleansing, massage, eyebrow correction, face mask</i>	80 min.	<b>150.-</b>
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### Timeout for men

<i>Cleansing, massage, mask</i>	60 min.	<b>120.-</b>
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## Body treatments

### Brush massages/peeling

Body peeling	15 min.	<b>25.-</b>
• with skin care	25 min.	<b>49.-</b>
Soap brush massage	15 min.	<b>30.-</b>
• with skin care	25 min.	<b>49.-</b>

### Softpack

*Deep relaxation in the floating water bed*

Cleopatra pack	25 min.	<b>60.-</b>
<i>Skin conditioning and moisturising</i>		
• with Peeling	40 min.	<b>80.-</b>
Evening primrose oil pack	25 min.	<b>60.-</b>
<i>For cell stimulation and deep moisturising</i>		
• with Peeling	40 min.	<b>80.-</b>
Seaweed detox pack	25 min.	<b>60.-</b>
<i>Removes blockages and toxins</i>		
• with peeling and skin care	50 min.	<b>95.-</b>

### Massage bath with 172 jets (Hydroxeur)

*Relaxes muscles, improves circulation, conditions the skin; various bath products such as Alpine herb, rosemary, mint,...*

Massage bath pur	25 min.	<b>38.-</b>
• with skin care	40 min.	<b>58.-</b>
Massage bath with peeling	40 min.	<b>58.-</b>
• with skin care	55 min.	<b>73.-</b>
Massage bath with soap brush massage	40 min.	<b>58.-</b>
• with skin care	55 min.	<b>73.-</b>

### Anti-Aging Body

<i>Stop Cellulite Wrap, Leg peeling and anti cellulite massage</i>	60 min.	<b>115.-</b>
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## Our wellness products

We use natural products from Babor, winner of the award "Best Facial Treatment" and Haslauer-Kurland, winner of the award "Best technical product innovation" and "Best Signature Treatment", both prize-winners at the European Health Spa Awards in Zell/See.

**BABOR**

**KURLAND**  
  
 Mit der Kraft der Natur

# Special treatments

## Beauty

Daytime make-up	25 min.	<b>35.-</b>
Evening make-up	30 min.	<b>45.-</b>
Eyelash colouring	20 min.	<b>35.-</b>
Eye-brow colouring	10 min.	<b>25.-</b>
Eyelash & eye-brow colouring	30 min.	<b>55.-</b>
Eye-brow shaping	15 min.	<b>25.-</b>

## Hands and feet

Manicure without nail polish	45 min.	<b>60.-</b>
Manicure with nail polish	60 min.	<b>70.-</b>
Men's manicure	30 min.	<b>37.-</b>
Pedicure without nail polish	45 min.	<b>68.-</b>
Pedicure with nail polish	60 min.	<b>84.-</b>
Nail polish	10 min.	<b>21.-</b>
Foot treatment (peeling, massage)	25 min.	<b>49.-</b>
Hand treatment (peeling, massage)	25 min.	<b>49.-</b>
Medical pedicure without nail polish	55 min.	<b>90.-</b>

## Depilation with warm wax

Whole legs	45 min.	<b>75.-</b>
Half legs	30 min.	<b>55.-</b>
Armpits or bikini area	25 min.	<b>35.-</b>
Back	35 min.	<b>45.-</b>
Chest	30 min.	<b>50.-</b>
Upper lip	10 min.	<b>20.-</b>
Chin	10 min.	<b>20.-</b>
Upper lip and chin	15 min.	<b>35.-</b>

## Massages & Treatments

**Lomi Lomi** 90 min. **175.-**  
*Combination of bodywork and massage from Hawaii*

**Hot Stone** 70 min. **145.-**  
*Whole-body massage with hot basalt stones. It relaxes the muscles and restores balance to the soul.*

**Herbal ball massage** 60 min. **140.-**  
*The body is oiled with warm plant oil and massaged with scented herbal balls. This has a both physical and mental cleansing effect. A true journey for the senses.*

**Breuss-Massage** 40 min. **85.-**  
*This treatment stretches the spine to give the intervertebral discs more space and stimulates them to heal themselves. It has a deep effect, releasing tension and reducing pain. This massage is slow, gentle and applied with only a little pressure.*

**Dorn-Breuss-therapy** 75 min. **150.-**  
*After the preparatory Breuss massage, misalignments of the spine are detected using the Dorn method. Pressure is then applied with the thumbs and the guest is moved in order to correct the alignment. The length of the legs is checked and corrected.*

## Cosmetics & beauty

**HSR Lifting facial treatment** 80 min. **160.-**  
*Beauty with class. Gives your skin deep smoothness and elasticity. The results are moisture, regeneration and protection against skin aging.*

**Dr. Babor facials** 90 min. **180.-**  
*Intensive face-lifting treatment with fruit acid facial peel and soothing massage, for instant visible effects. Your skin looks smoother and younger. High-performance formulae using specially selected ingredients.*

# Your spa packages

## All spa packages inclusive

- Introduction
- Surprise to take away

	HOTEL GUESTS	NON-RESIDENTS*
<b>Day Spa “Mini”</b>	<b>130.-</b>	<b>155.-</b>

A little downtime: feel rested and refreshed after just 75 minutes.

- 1 x back massage (25 min.)
- 1 x foot reflex zones massage (25 min.)
- 1 x aroma massage bath (25 min.)

<b>Day Spa “Maxi”</b>	<b>175.-</b>	<b>200.-</b>
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Would you like something extra? A bath, a massage, a healthy lunch – and the pleasant feeling of having done something just for you.

- 1 x whole body massage (75 min.)
- 1 x aroma massage bath (25 min.)
- 1 x wellness lunch

<b>“Simply natural”</b>	<b>150.-</b>	<b>175.-</b>
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For this package, we rely on the wisdom of Nature. We use specific natural substances and healing methods.

- 1 x whole body peel (15 min.)
- 1 x herbal compress massage (60 min.)

<b>“Feel good”</b>	<b>210.-</b>	<b>235.-</b>
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You are not ill, but somehow you feel washed out, tired and dull? Sometimes it doesn't take much to make you feel your normal self again. The important thing is to be aware of what your body needs. Our treatments ensure that you soon feel simply great again.

- 1 x whole body peel (15 min.)
- 1 x whole body massage (50 min.)
- 1 x facial massage (25 min.)
- 1 x evening primrose oil face pack (20 min.)

<b>“Be beautiful”</b>	<b>260.-</b>	<b>285.-</b>
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If we feel beautiful, we feel good, too. With this treatment, we restore your beauty – and you'll feel yourself blossom!

- 1 x Maxi facial (80 min.)
- 1 x manicure with nail polish
- 1 x pedicure without nail polish

<b>“Detox”</b>	<b>270.-</b>	<b>295.-</b>
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Poor air quality, microplastics, environmental toxins – our detox helps to counteract them all. We exfoliate dead skin cells, detox using natural algae and give you a facial with deep cleansing and a relaxing massage. Then you're ready for whatever your everyday life throws at you.

- 1 x body peel or soap and brush massage (15 min.)
- 1 x seaweed pack (25 min.)
- 1 x stimulating whole body massage (50 min.)
- 1 x cleansing facial incl. head massage (60 min.)

\* The prices for non-residents include a day pass for our Wellness Oasis with use of all the facilities (indoor pool, steam bath, sauna, thermal baths, gym and relaxation room).

All prices in CHF per person incl. taxes and charges, without overnight stay. Offers subject to availability and change. Where payment is in Euro, the daily exchange rate applies. Admission to the Fitness Centre and the sauna from 16 years. Advance booking recommended.