



Sunstar

SWISS HOTEL COLLECTION

GRINDELWALD

PRICES

Wellness & Beauty

GRINDELWALD

Your spa packages

All spa packages inclusive

- Introduction
- Surprise to take away
- Spa entry

	HOTEL GUESTS	NON-RESIDENTS*
Day Spa “Mini”	135.–	160.–

A little downtime: feel rested and refreshed after just 75 minutes.

- 1 x aroma massage bath (25 min.)
- 1 x whole body massage (50 min.)

Day Spa “Maxi”	180.–	225.–
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Would you like something extra? A bath, a massage, a healthy lunch – and the pleasant feeling of having done something just for you.

- 1 x participation in our rich gourmet breakfast buffet
- 1 x aroma massage bath (25 min.)
- 1 x whole body massage (75 min.)
- 1 x glass of prosecco

“Simply natural”	185.–	210.–
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For this package, we rely on the wisdom of Nature. We use specific natural substances and healing methods.

- 1 x whole body peel (15 min.)
- 1 x herbal compress massage (70 min.)

“Feel good”	235.–	260.–
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You are not ill, but somehow you feel washed out, tired and dull? Sometimes it doesn't take much to make you feel your normal self again. The important thing is to be aware of what your body needs. Our treatments ensure that you soon feel simply great again.

- 1 x whole body peel (20 min.)
- 1 x whole body massage (50 min.)
- 1 x facial massage (25 min.)
- 1 x nourishing face mask

	HOTEL GUESTS	NON-RESIDENTS*
“Be beautiful”	265.–	290.–

If we feel beautiful, we feel good, too. With this treatment, we restore your beauty – and you'll feel yourself blossom!

- 1 x Craith LAB Wetterhorn facial (60 min.)
- 1 x manicure without nail polish
- 1 x pedicure without nail polish

“Detox”	274.–	299.–
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Poor air quality, microplastics, environmental toxins – our detox helps to counteract them all. We exfoliate dead skin cells, detox using natural algae and give you a facial with deep cleansing and a relaxing massage. Then you're ready for whatever your everyday life throws at you.

- 1 x body peel or soap and brush massage (20 min.)
- 1 x stimulating whole body massage (50 min.)
- 1 x Craith LAB Wetterhorn facial (60 min.)

* The prices for non-residents include a day pass for our Wellness Oasis with use of all the facilities (indoor pool, steam bath, sauna, thermal baths, gym and relaxation room).

All prices in CHF per person incl. taxes and charges, without overnight stay Offers subject to availability and change. Where payment is in Euro, the daily exchange rate applies. Admission to the Fitness Centre and the sauna from 16 years. Advance booking recommended.

Relaxation

Massages

Classical massage

Partial-body	25 min.	65.-
Whole-body	50 min.	110.-
Whole-body	75 min.	155.-
Partial-body for kids up to 14 years	25 min.	55.-

Sports massage

Deep massage to stimulate the circulation and activate your muscles

Partial-body	25 min.	75.-
Whole-body	50 min.	130.-

Foot reflex zone massage

Stimulation of pressure points; to balance energy flow and support the self-healing process	25 min.	65.-
	50 min.	110.-

Facial massage

Massage of head, neck and décolleté to relaxation and relief from everyday stress	25 min.	60.-
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Aroma oil massage

Essential oils revitalise or calm the skin and take you into a world of relaxation	25 min.	70.-
	50 min.	115.-

Special massages

Lomi Lomi	90 min.	185.-
<i>Combination of bodywork and massage from Hawaii</i>		

Hot Stone	70 min.	175.-
<i>Whole-body massage with hot basalt stones. It relaxes the muscles and restores balance to the soul.</i>		

Herbal ball massage	70 min.	175.-
<i>The body is oiled with warm plant oil and massaged with scented herbal balls. This has a both physical and mental cleansing effect. A true journey for the senses.</i>		

Breuss-Massage	40 min.	95.-
<i>This treatment stretches the spine to give the inter-vertebral discs more space and stimulates them to heal themselves. It has a deep effect, releasing tension and reducing pain. This massage is slow, gentle and applied with only a little pressure.</i>		

Dorn-Breuss-therapy	75 min.	160.-
<i>After the preparatory Breuss massage, misalignments of the spine are detected using the Dorn method. Pressure is then applied with the thumbs and the guest is moved in order to correct the alignment. The length of the legs is checked and corrected.</i>		

Body treatments

Brush massages/peeling

Body peeling	20 min.	30.-
• with skin care	35 min.	60.-
Soap brush massage	20 min.	30.-
• with skin care	35 min.	60.-

Massage bath with 172 jets (Hydroxeur)

Relaxes muscles, improves circulation, conditions the skin; various bath products such as Alpine herb, rosemary, mint,...

Massage bath pur	25 min.	40.-
• with skin care	40 min.	62.-
Massage bath with peeling	40 min.	62.-
• with skin care	55 min.	74.-
Massage bath with soap brush massage	40 min.	62.-
• with skin care	55 min.	74.-

Anti-Aging Body

Stop Cellulite Wrap, Leg peeling and anti cellulite massage	80 min.	160.-
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Beauty

Facial treatments

Craith LAB UNLOCK YOUR BEAUTY

The key to beautiful skin

All our Craith Lab facial treatments are enhanced with the application of oxygen. Oxygen helps the skin to better and more deeply absorb the active ingredients used. For a visibly smooth, radiant and healthy look.

Craith LAB Wetterhorn

60 min. **160.-**

Maximum effect in a short time.

Intensive care products detoxify and activate your skin cells. This results in a smooth and supple complexion.

The treatment includes an intensive peeling, an algae mask and collagens which activate, nourish and keep the skin healthy.

Craith LAB Luxury Eiger

80 min. **195.-**

Facial care with that little bit extra.

With care products specially tailored to the skin's needs, cell division is activated, the skin is nourished and lifted at the same time. The body's own collagen production is stimulated and the skin structure is improved for the long term.

This treatment includes an intensive peeling, algae mask, collagens, lifting massage (5-10 min.) and a mask tailored to the skin's needs.

Beauty

Eyelash colouring	20 min.	35.-
Eyebrow colouring	10 min.	25.-
Eyelash & eyebrow colouring	30 min.	55.-
Eyebrow shaping	15 min.	25.-

Hands and feet

Manicure classic	45 min.	60.-
Manicure with nail polish	60 min.	75.-
Pedicure classic	45 min.	70.-
Pedicure with nail polish	60 min.	85.-
Nail polish	10 min.	21.-
Medical pedicure without nail polish	55 min.	90.-

Depilation with warm wax

Whole legs	45 min.	80.-
Half legs	30 min.	60.-
Armpits or bikini area	25 min.	35.-
Back	35 min.	47.-
Upper lip	10 min.	21.-
Chin	10 min.	21.-
Upper lip and chin	15 min.	37.-

Our wellness products

We use products from Craith LAB, winner of the „World Luxury SPA Awards“ 2022 and 2023, for our beauty treatments

CRAITH
LAB